

"SOBER TIMES" NEWSLETTER

News from around District 26, Area 32

NOVEMBER 2017

INFO-LINE 866-227-0015

Website: dist26aa.org



"The purpose of District 26 Unity Council is to educate AA Groups and the public on AA Principles and promote harmony among AA Groups thru the practice of A.A.'s 12 Traditions and 12 Concepts. We are a fellowship of alcoholics from different Groups within the District that encourage participation and service."

District 26 Unity Council will next meet
Sat, Nov 18, 10 am
at the Fire Hall 2344 Deeter Rd,
Luzerne, MI 48636

Miriam Webster defines gratitude as:

"The state of being grateful or thankfulness." How does one express this to others? We tip our waitress at the restaurant. We nod at the guy directing traffic in a road construction zone. We try to give something back to others.

Am I thankful for my home group? Do I try to help clean up after of set up before the meeting? The chairperson is an important job, why not put my name up there this month? Am I thankful for my sponsor and do I call him or her now and then and listen after I ask them how they are?

How about my District and the services that they provide? Answering service, web site, workshops? Do I volunteer to assist in these areas or do I just assume that the ones doing the job now will go on serving?

MCYPAA is in Troy Thanksgiving weekend. Still lots of things to do in Alcoholics Anonymous.

All these and more at: www.dist26aa.org

STEP 11: Sought through prayer and meditation to improve our conscious contact with God as we understand Him. Praying only for knowledge of His will for us and the power to carry that out.

Step Eleven suggests prayer and meditation. We shouldn't be shy on this matter of prayer. Better men than we are using it constantly. It works, if we have the proper attitude and work at it. Pg 85,86 Alcoholics Anonymous

Tradition Eleven: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

Our relations with the general public should be characterized by personal anonymity. We think A.A. should avoid sensational advertising. Our names and pictures as A.A. members ought not be broadcast, filmed, or publicly printed. Our public relations should be guided by the principle of attraction rather than promotion. There is never a need to praise ourselves. We feel it better that our friends recommend us. A.A Traditions

CONCEPT 11: The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern. Pg. VI AA Service Manual

Yours in service Alfred E. N.