

The Houghton Lake Group 12 STEP WORKSHOP

April 14, 2018

10:00 am – 11:00 am **District 26 Unity Council Meeting, all are welcome**

11:15 am – 11:20 am **Workshop Chair**

11:20 am – 11:35 am **Groups Meet**

11:35 am – 11:55 **1st Step Speakers.**

11:55 am – 12:15 pm **2nd/3rd Step Speakers**

12:15 pm – 12:30 pm **Break and Lunch**

12:30 pm – 1:30 pm **Steps 4 thru 9 Speakers**

1:30 pm – 1:40 pm **Break**

1:40 pm – 2:00 pm **Steps 10 thru 12, Mark M.**

2:00 pm – 2:15 pm **Groups meet**

2:15 pm - ?? **Presentations and Discussion**

Feel free to use these sheets to take notes, take your own inventory, or just doodle to your heart's content.

STEP 1: We admitted that we were powerless over alcohol and that our lives had become unmanageable.

“Men and women drink essentially because they like the effect produced by alcohol. The sensation is so elusive that, while they admit it is injurious, they cannot, after a time differentiate the true from the false. To them, their alcoholic life seems the only normal one. They are restless, irritable, and discontented, unless they can again experience the sense of ease and comfort which comes at once by taking a few drinks”

The Doctors Opinion *pg 5 Big Book*