

SOBER TIMES *April 2019*

News from around District 26

Web site: <http://dist26aa.org> AA Information: 866-227-0015



“The purpose of the District 26 Unity Council is to educate AA groups and the public on AA principles and to promote harmony among AA groups through the practice of the AA 12 Traditions and 12 Concepts. We are a fellowship of alcoholics from different groups within the District that encourages participation and service”

The District 26 Unity Council meeting for April will be 10:00 am, April 20th in Au Gres at the Full Gospel Church 428 W Michigan. Come early for coffee, donuts, and fellowship.

CMIA will be on April 7 in Howell.

12 Step Workshop May 18 following the District meeting at the **Houghton Lake** Lake St Helen Baptist Church. District 26 at 10 am and 12 Step workshop at 11:15. Bring a dish to pass if possible but please just come.

May 24 – 26 will be the **Northern Michigan Inter Area Spring Round Up** at the Ramada Inn in **Graying**.

June 7 - 9 is **Founders Day** in **Akron, Ohio**.

All of these events, an up to date AA meeting schedule, and more can be found at www.dist26aa.org

I would like to talk about **Tradition Four**. Does my home group have a Group Conscience Meeting monthly? Am I just one of the group or am I trying to direct the group? Am I allowing God to express Himself in my group, which would allow my group to be autonomous and carry the message in its own individual manner?

The AA Group inventory can be found on page 29 in the pamphlet, *The AA Group, Where it all begins*.

Yes, each group has its own character and flavor, perhaps different from the one that you got sober at. I often hear that “They do it differently at my old Home Group”. Each Group conducts their AA meeting in their own unique way, different from my home group perhaps, but each Group can be very effective in its own right.

Your Twisted Servant: A. E Newman S.P, K.I.A.

STEP FOUR: Made a searching and fearless moral inventory of ourselves.

Next, we launched out on a course of vigorous action, the first step of which is a personal housecleaning, which many of us had never attempted. Though our decision was vital and crucial step, it could have little permanent effect unless at once followed by a strenuous effort to face, and to be rid of, the things in ourselves which had been blocking us. Our liquor was but a symptom. So we had to get down to causes and conditions. *This was Step Four.* *Big Book pg 63*

TRADITION FOUR: Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

“With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A., as a whole, without conferring with the trustees of The Alcoholic Foundation. On such issues our common welfare is paramount.” *AA Tradition*

CONCEPT IV: At all responsible levels, we ought to maintain a traditional “Right of Participation” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

Concepts Checklist

1. Do we understand the spiritual principles underlying the “Right of Participation”?
2. What does “in reasonable proportion” mean?
3. Do we expect, that because we are AA members, we should be allowed at any group, even if we are not active members of that group?