

January 2012 SOBER TIMES

Web site: <http://dist26aa.org/> AA Information: 866-227-0015



“The purpose of the District 26 Unity Council is to promote harmony among AA groups through the practice of the AA 12 Traditions and 12 Concepts.

We are a fellowship of alcoholics from different groups within the District that encourages participation and service”

District 26 Unity Council wants to hear from you. Please send your groups GSR or anyone who is interested in the future of AA and your home group. Of particular importance is your input in our new AA Infoline (866) 227-0015 and our website <http://dist26aa.org/> Your suggestions can make it easier to serve the District, visitors, and AA as a whole.

The January 21st meeting of your Unity Council will be in St Helen at the St Helen Civic Association 1711 M-76 Coffee and donuts will be shared over fellowship before the meeting. Try to get there by 9:30. The meeting starts at 10:00 am.

Just a note to those of us who spend time online. If you could please print out events and information, such as Unity Council minutes, dances, workshops, retreats, etc. This would be so very helpful, especially to those of us who do not have access to the internet.

Also, current AA meeting schedules can be printed from the website. Please hit the **EMAIL US** button for meeting changes, suggestions, or comments.

There will be a new AA meeting starting January 19th in Tawas at St. Joseph Hospital Room C - 200 Hemlock Thursday nights at 8:00 pm. Spread the word and lets make this group feel welcome in the District.

Step One: *We admitted we were powerless over alcohol - that our lives had become unmanageable.*

“Men and women drink essentially because they like the effect produced by alcohol. The sensation is so elusive that, while they admit it is injurious, they cannot, after a time differentiate the true from the false. To them, their alcoholic life seems the only normal one. They are restless, irritable, and discontented, unless they can again experience the sense of ease and comfort which comes at once by taking a few drinks” ---- from the doctors opinion, the Book Alcoholics Anonymous, this statement reveals so clearly the nature of our malady.

TRADITION ONE: Our common welfare comes first; personal recovery depends upon A.A. unity.

The unity of Alcoholics Anonymous is the most cherished quality our society has. Our lives, the lives of all to come, depend squarely upon it. WE stay whole or AA dies. Without unity the heart of A.A. would cease to beat; our world arteries would no longer carry the life-giving grace of God; His gift to us would be spent aimlessly. Back again in their caves, alcoholics would reproach us and say “What a great thing AA might have been”. 12&12

Am I, in recovery, doing my part to preserve AA unity, even at the expense of my own pride?

Concept One: Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

Perhaps you have seen the “upside-down triangle” signifying A.A.s reliance upon the member’s opinion to give Alcoholics Anonymous guidance. You may have seen surveys or talked with Group, District, Area, or Region representatives. Remember your importance in this scheme of things. Ask them if they know. I’ll bet they will.

Thank you for reading, printing, and sharing this newsletter.